

## Darley Community Library

Darley Community Library is run by volunteers in Christ Church Community Centre in partnership with North Yorkshire County Library Services. Enrolment is simple, borrowing is free, and we have 1,200 books for you to choose from. There is something for all ages and most tastes with lots of books for pre-school children.

### OPENING HOURS:

<b>Monday</b>	<b>5.30pm - 6.30pm</b>
<b>Tuesday</b>	<b>10.30am - 11.30am</b> <b>1.30pm - 2.30pm</b> <b>6.00pm - 7.00pm</b>
<b>Wednesday</b>	<b>5.00pm - 6.00pm</b>
<b>Thursday</b>	<b>5.00pm - 6.00pm</b> <b>7.00pm - 7.15pm</b> (for Darley Debs Meeting)
<b>Saturday</b>	<b>10.00am - 11.00am</b>

The library is only closed for bank holidays, so come along and see what we have to offer.

For further information call: **Richard Vaughan 01423 780130**

## Book Exchange & Coffee Morning

Day: **Friday** (1st Friday of each month)  
Time: **10.30am - 12.00 noon**

More new books are being added every month. There are no formalities, just select your books and return them when read. No cost, no fuss!

For further information please telephone: **Ken 01423 780004**

## Monthly Library Coffee Mornings

Day: **2nd Saturday** (Monthly except for Aug & Dec)  
Time: **10.00am - 12.00 noon**

Run by different groups each month in conjunction with the Saturday morning library, Coffee, cake and card stalls.

## Darley Book Wheel

Day: **Thursday** (2nd Thurs of each month)  
Time: **2.00pm - 3.30pm**

A friendly book club which meets at CCCC Darley. Members read a book of the month and take turns at leading sessions to discuss it. North Yorkshire Library Service supplies the books. New members always welcome.

For further information please contact:

**Pat 01423 771520** or email: **patbrockway11@gmail.com**

## NYCC Home Library Service

North Yorks County Council have a Home Library Service intended to get books and CDs to people in the community who have difficulty in getting to a library in person.

**Full details are in leaflets which are readily available in CCCC.**

## NEW ADULT ACTIVITIES FOR 2019-20

### Happy Dancing - 55+

Day: **Thursday** (weekly from Sept 26th)  
Time: **10.00 - 11.00am** Cost: **£5.00** (per session)

We are delighted to introduce Jane Waring; a very experienced dance teacher, who is going to run dance sessions for approx. 55+ yrs. Why not reconnect with the old musicals and the sounds of the 60's and rejuvenate yourself. Come to CCCC at 10am every Thursday and make yourself smile at Happy Dance 55.

Contact **janewaring@hotmail.co.uk** or for further information please phone Jane **01423 779542** or **07900 430448**

### Bridge Classes for Beginners

Day: **Wednesday** (weekly from Oct 16th)  
Time: **7.15 - 9.15pm** Cost: **£60.00** (8 week course)

An opportunity to learn to play bridge in a small group, the course will be tutored by John Laird.

Please contact **laird.morar@btopenworld.com** or for further information please telephone John **01423 780654**

### Board Games Afternoon

Day: **Friday** (fortnightly from Oct 11th)  
Time: **2.00 - 4.00pm** Cost: **£3.00** (per week) **FREE first session**

An afternoon of company, board and card games for anyone who is free on Fridays. Just turn up and see if you can help us remember all the rules!

For further information please telephone:  
**Sue Runham 780317** or **Angela Houseman 780056**

### Bridge Club

Day: **Monday** (fortnightly from Oct 14th)  
Time: **2.00 - 4.00pm** Cost: **£3.00** (per week) **FREE first session**

Friendly and informal bridge. No partner needed

For further information please telephone: **Louise 781535**

CCCC Supported  
in partnership by



Knabs Ridge Wind Farm Community  
Benefit Fund administered by Two  
Ridings Community Foundation



Main Street, Darley, Harrogate HG3 2QF  
Visit us @ the Darley village website **www.darleyvillage.info**

Designed & Produced by Garside Tabour & Lewis Ltd 01423 781889



**COURSES  
AND REGULAR  
ACTIVITIES FROM  
AUTUMN 2019**

**KIDS FUN DANCE  
AND GYMNASTICS  
CHURCH YOUTH GROUPS  
BEAVERS CUBS SCOUTS KARATE  
PILATES YOGA TAI CHI TABLE TENNIS  
AEROBICS CARDIO & WORKOUT CLASSES  
DANCERISE ART GROUP WOMENS INSTITUTE  
COMMUNITY CHOIR ARTS AND CRAFTS POP UP  
RESTAURANTS LUNCH CLUB WEIGHT WATCHERS DALES  
DINER LIBRARIES BOOK EXCHANGE COFFEE MORNINGS  
BRIDGE CLUBS BOARD GAME AFTERNOONS AND MORE**

**CHILDREN & ADULT ACTIVITIES  
THERE'S SOMETHING FOR EVERYONE**





For more information on all our activities see the relevant contact details after each activity.

Most activities have room for a few new members so why not try something new this coming Autumn. All activities meet in Christ Church Community Centre except for those marked CC that meet in Christ Church. Please use the main church door for all activities based in Christ Church.

### CCCC and Christ Church Darley for Hire

If you are looking for a warm, comfortable venue for a children's party, meeting, discussion, presentation, exhibition, course, or music recital, why not hire CCCC or Christ Church Darley? It has excellent facilities: wifi internet, a PA system, flexible seating arrangements and easy parking.

### Don't forget to look out for...

Look out for dates in local press and Parish Magazines or in the CCCC section on [www.darleyvillage.info](http://www.darleyvillage.info)

To book CCCC or Christ Church Darley email: [cccdarley17@gmail.com](mailto:cccdarley17@gmail.com) or call: 07807 749273

If you would like to use the church for baptisms, weddings or would just like a chat or visit. Please contact: Rev. Alastair Ferneley email: [irreverend@btinternet.com](mailto:irreverend@btinternet.com) Telephone: 01423 780262

You would be very welcome at our services too!

there's something for everyone

## Children's Activities new members welcome throughout the year



### Harrogate District Dance Company

Fun Dance, Acro Gymnastics, Fitness and Performance classes for all ages.

- IDTA & Acrobatic Arts Certified
- Building Confidence & Nurturing Talent
- Whether you're serious minded or just want to have some fun, HDDC has a class for everyone!

Day: **Wednesday from 5.15pm**  
Street Dance, Acro Gymnastics & Modern Contemporary  
Day: **Thursday from 4.00pm**  
Ballet

For more information and to book, contact us today on:  
email: [hddanceco@outlook.com](mailto:hddanceco@outlook.com) telephone: 07712 280038  
Find us on Facebook and Instagram at:  
[www.harrogatedistrictdancecompany.co.uk](http://www.harrogatedistrictdancecompany.co.uk)

### Little Fishes

Hosted by Nidderdale Community Church  
Day: **Every Tuesday in term time** Time: 9.30 - 11.00am  
Cost: £1.50 (per family)

For further information please telephone:  
Vicki Walsh on 07536 007008

### Church Youth Activities

**Messy Church:** Bi-monthly Time: 4.00 - 6.00pm Inc. Meal  
Day: **Next on Saturday 28th at Hookstone Hall, Thornthwaite.**

For further information on these and other activities, telephone:  
Rev. Alastair on 780262, email: [irreverend@btinternet.com](mailto:irreverend@btinternet.com)

**Junior Church:** meets during the 9.30am service on the 1st Sunday of the month and on the 3rd Sunday we have a special Family Service at 9.30am.

For more detail: [purplecaterpillars@yahoo.co.uk](mailto:purplecaterpillars@yahoo.co.uk)



### Beavers, Cubs, Scouts and Brownies

We are very fortunate in Darley to have dedicated volunteers who run three excellent groups where youngsters have an abundance of fun, gain confidence and learn skills for life.

Contacts and times are:

<b>Beavers:</b>	<b>Monday</b>	Time: 5 - 6pm
Contact:	<b>Barry</b>	<a href="mailto:darleybeavers@gmail.com">darleybeavers@gmail.com</a>
	<b>07738 524303</b>	
<b>Cubs:</b>	<b>Monday</b>	Time: 6.15 - 7.45pm
Contact:	<b>Erica 780905</b>	<a href="mailto:akelaccd76@gmail.com">akelaccd76@gmail.com</a>
<b>Scouts:</b>	<b>Monday</b>	Time: 8.00 - 9.30pm
Contact:	<b>Steve 541272</b>	<a href="mailto:steve@ccd-scouts.co.uk">steve@ccd-scouts.co.uk</a> visit <a href="http://www.ccd-scouts.co.uk">www.ccd-scouts.co.uk</a>

Darley has sadly lost its Brownie group. If anyone can help establish a new pack please contact the Girl Guiding website [www.girlguiding.org.uk](http://www.girlguiding.org.uk) and click "Get Involved". A new pack will get lots of support from the other village uniformed groups and CCCC.

### Kenshinkan Karate Academy

Day: **Monday - CC** Time: 6.20 - 7.20pm (6 years up)  
Day: **Friday - CCCC** Time: 5.30 - 6.00pm (4-6 years)  
Day: **Friday - CCCC** Time: 6.00 - 7.00pm (6 years up)  
Classes tailored to suit all ages including adults.

For further information please telephone:  
John Howden on 01423 525885, [johnhowden@rocketmail.com](mailto:johnhowden@rocketmail.com)  
Nolly Pickard on 07807 722585, [bertyp@sky.com](mailto:bertyp@sky.com)  
or visit [www.kenshinkankarateacademy.com](http://www.kenshinkankarateacademy.com)





# Adult Activities

## Kenshinkan Karate Academy

Day: **Monday - CC** Time: **6.20 - 7.20pm (6 years up)**  
Day: **Friday - CCCC** Time: **6.00 - 7.00pm (6 years up)**  
Classes tailored to suit all ages including adults.

For further information please telephone:  
**John Howden on 01423 525885, johnhowden@rocketmail.com**  
**Nolly Pickard on 07807 722585, bertyp@sky.com**  
or visit [www.kenshinkankarateacademy.com](http://www.kenshinkankarateacademy.com)

## Pilates

Day: **Tuesday - weekly** Time: **6.15 - 7.15pm at CC**  
Day: **Wednesday - weekly** Time: **11.15am - 12.15pm at CC**  
Cost: **£32 (per 4 weeks)**

For further information please telephone:  
**Ian Sinclair 07977 190268** or  
visit [www.pilatesidealbodysolutions.co.uk](http://www.pilatesidealbodysolutions.co.uk)

## Seated Pilates

Day: **Thursday** Time: **11.30am**  
Cost: **£36 (per 8 week course)**

A gentle exercise class for those that find floor exercise difficult. A class that aims to improve posture, mobility, flexibility, balance, circulation and co-ordination.

Class led by Sally Trask – Certified Pilates Practitioner & experienced Movement Therapist.

For further information please telephone:  
**Sally Trask 07931 567566** or email: [sally@sallytrask.com](mailto:sally@sallytrask.com)

## Yoga British Wheel of Yoga trained teacher.

Day: **Monday - weekly commencing 23rd September**  
Time: **7.15 - 8.45pm at CC**  
Cost: **£25 (per 4 weeks)**

For further information please telephone:  
**Claire Ambler on 01423 780227 / 07546 443133**  
or email: [claire1ambler@aol.com](mailto:claire1ambler@aol.com)



## Salsa Aerobics

Day: **Monday** Time: **9.15am** Cost: **£5 (per session)**

A Latin flavoured dance aerobics class.

## Cardio Yoga Conditioning

Day: **Tuesday** Time: **6.30am** Cost: **£5 (per session)**

A top to toe workout using Yoga and Conditioning exercises to improve flexibility strength and balance.

## Dance Your Pants Off!

Day: **Wednesday** Time: **9.15am** Cost: **£5 (per session)**

This is a fun dance based class where we dance to your favourite pop tunes as well as a good mix of different flavours of dance like Salsa, Merengue and Reggae. If you like Zumba you will love this class. Suitable for all levels and ages.

## High Energy Workout

Day: **Thursday** Time: **6.30am** Cost: **£5 (per session)**

Boxing, Aerobics, Toning, HIIT Training. Burn up to 500 calories in this fun high energy class.

## Legs, Bums & Tums

Day: **Friday** Time: **9.15am** Cost: **£5 (per session)**

Not just for the lower half, this class will tone and tighten the whole body with specific exercises for those hard to tone bits we all love to hate.

Using a variety of equipment like weights, gliders and mini balls we will embark on a full body toning workout with weight bearing exercises which will leave you feeling firmer and better.

This class is low impact and is suitable for most levels as exercise can be modified, but not suitable for anyone with specific injuries, severe joint, bone or any heart problems.

Please contact [michelle@sparklingexperiences.co.uk](mailto:michelle@sparklingexperiences.co.uk) for more information or ring **07769 252737**

## Darley Debs Women's Institute

Day: **Third Thursday in month** Time: **7.30pm**  
Cost: **£42 (Annual Membership for 2019-20)**  
First Visit **FREE**  
New members pay a pro-rata subscription depending on the quarter in which they join

Darley Debs is a friendly WI, with a fun-packed programme of events to inspire and entertain you. It is also a great way to meet other local people. Come and join us (or visit as a guest) - you will be made very welcome!

For further information please telephone: **Tracey on 07719 181078** or email: [traceyadawson62@gmail.com](mailto:traceyadawson62@gmail.com)

## In Harmony Community Choir Group

Day: **Tuesday** Time: **7.30 - 9pm at CC**

Open to all who would enjoy singing with a fun and friendly group. Our repertoire is varied and made up by member suggestion, ensuring we sing the songs we love as well as those offered by our Director. Although some ability to read music is helpful, the willingness to learn is the only thing needed!

First session is **FREE**, after which term fees apply.

For further information please contact: **Lisa Bradley on 780454** or email: [lisabradley35544@gmail.com](mailto:lisabradley35544@gmail.com)

## Christmas Wreath Workshop

Date: **Thursday 12th December** Time: **7.30pm** Cost: **£35**

Come along, enjoy a friendly evening making your own designer Christmas wreath. Nibbles and mulled wine included. All materials for wreath provided.

## Redwood Bee Day Quilting Workshops

Date: **Last Saturday in month (starting 28th September)**  
Time: **10.00am - 3.30pm** Cost: **£60 (deposit) £20 (per class)**

Spaces available. Beginners welcome.

For further information telephone: **Judith on 07449 190967** or email: [judithatredwood@msn.com](mailto:judithatredwood@msn.com)

## Stitching Together

Date: **Friday 20th September**, then 3rd Friday in each month. (9 sessions during the year). Time: **11.00am - 3.30pm**  
Cost: **£90 (annual subscription for 12 sessions)**

There are 12 meetings led by members of the group as well as external tutors. The Group is a member of the Quilters Guild.

Anyone interested in joining the Group should contact the Membership Secretary for further information. **Mrs Janet Harris on 07880 601100** or by email [janet@tipladyhall.com](mailto:janet@tipladyhall.com)

# Most activities can always accommodate and welcome new members throughout the year

## Infinite Tai Chi for Beginners & Continuers

Day: **Tuesday**  
Time: **9.30 - 10.45am** at CC  
Cost: **£33** (per 6 weeks)

Join in our friendly group and experience this gentle form of standing movement which helps balance, strength, flexibility, concentration and creates stillness at the start of the day.

Classes held by Elizabeth, a certified Infinite Tai Chi instructor and practising Chiropractor.

For further information please call: **Elizabeth Yeadon: 07837 431683** or email: [ea.yeadon@gmail.com](mailto:ea.yeadon@gmail.com)



## Yoga

**Yoga for your level of fitness.**  
Day: **Thursday** Time: **7.00pm** at CC  
Cost: **£ 47.50** per 7 week term (payable in advance at first lesson, non-refundable) or **£8** per drop in session.

**Beginners Yoga.**  
Day: **Wednesday** Time: **10.30am** at CC  
Cost: **£ 47.50** per 7 week term (payable in advance at first lesson, non-refundable) or **£8** per drop in session.

For further information please telephone: **Phil Knight on 07890 236203**

## Table Tennis Club

Day: **Wednesday** Time: **3.30 - 5pm** Cost: **£3** (per week)

Aimed at people lucky enough to be retired.  
Just come along, have some fun and exercise.

For further information telephone:  
**Chris Balmforth 770183** or: [chris@held.co.uk](mailto:chris@held.co.uk)  
**Richard Vaughan 780130** or: [rvaughan4@btinternet.com](mailto:rvaughan4@btinternet.com)



## Dancing for Well-Being

Day: **Thursday** (3rd Thursday of each month)  
Time: **2.00pm** Cost: **£5** (including afternoon tea)

Dancing for Well-Being is ideal if you find other exercise classes too much. You can sit or stand, move at a level to suit your abilities and you don't need a good memory! It is good exercise, gentle and safe, great for companionship. It's relaxing and uplifting, but most importantly it's FUN! If you are not sure if this class is for you, please come and try our **Free Taster Session on Thursday October 17th at 2pm**

For further information please telephone: **Carol Lancaster at Harrogate Carers' Resource on 01423 500555**

## Harrogate District Dance Company

### Discocise

Day: **Wednesday** Time: **7.30 - 8.15pm**  
Cost: **£5.00** (block booker) or **£6.00** (per drop in session)

A dance based fitness workout, to club & disco anthems in a darkened room with disco lights & rave batons! Suitable for both beginners and more experienced dancers.

### Strictly Come Darley

Day: **Wednesday** (Seasonal)  
Time: **8.15 - 9.00pm** Cost: **£9.00** (per couple)

A fun, steady paced couples Ballroom class covering styles such as Waltz, Jive, Foxtrot and Cha Cha. All abilities welcome.

For further information and to book contact **Chloe on 07712 280038** email: [hddanceco@outlook.com](mailto:hddanceco@outlook.com) Find us on Facebook and Instagram [www.harrogatedistrictdancecompany.co.uk](http://www.harrogatedistrictdancecompany.co.uk)

## Art Group

Day: **Tuesday** (Fornightly starting October 8th)  
Time: **1.00 - 3.00pm** Cost: **£5** (per session)

*"Anyone can paint, they just don't know it!"* A friendly art group for people including complete beginners who already enjoy or would like to start painting. Tuition will be given using all mediums especially oils.

For further information please telephone:  
**Steph on 07849 860260**

## Pop Up Restaurants at CCCC

### Curry Night

Day: **Saturday 2nd November**  
Time: **7.30pm** Cost: **£20** (per person) Booking essential.  
Come along with your neighbours and friends to enjoy an informal two course buffet. Bring your own drink.

### Dine with the Dusty Miller

Day: **Saturday 15th February 2020**  
Time: **7.30pm** Cost: **£27** (per person)

Come along, bring your own drink and enjoy a superb meal prepared by Brian Dennison. No raffles, tombola etc. just enjoy a 3 course meal in the company of friends and neighbours.

To book email [angela@ehouseman.co.uk](mailto:angela@ehouseman.co.uk) or call **780056**

## Lunch Club

Day: **Tuesdays** (once per fortnight) Time: **12.30 - 2pm**

A friendly lunch club for retired people. Volunteers serve a simple hot meal and are also willing to collect people living locally who require a lift to the club. We always welcome new guests.

For further information please telephone:

**Audrey 780258, Katrina 780664 or Angela 780056**



## Weight Watchers

Day: **Tuesdays** Time: **6.45 - 7.45pm**

Come and see us or for further information please telephone:  
**Teresa Wilks on 07931 941964**  
or email: [teresawilks316@gmail.com](mailto:teresawilks316@gmail.com)

## Dales Diners

Day: **Thursdays** (first Thursday of each month)  
Time: **1pm** Cost: **£5** (per lunch)

If you know anyone who is caring for a partner, friend or family member with memory problems please tell them about this small friendly lunch club. Harrogate Carers Resource and CCCC work together to serve a simple lunch for couples / families.

For further information please telephone: **Carol Lancaster at Harrogate Carers' Resource on 01423 500555**