



CORONAVIRUS EDITION

WHAT YOU NEED TO KNOW IF YOU ARE SELF ISOLATING

An emergency meeting was held on Monday evening (16th March) with the following groups represented: Darley Parish Council, Darley Playing Fields Association, Christ Church and Christ Church Community Centre, and Darley Memorial Hall.

The following emergency plan was agreed to enable those who go into self isolation to access help from volunteers during their period of self isolation.

1. The parish has been divided into zones and at least one volunteer will be allocated to each zone.
2. We are appealing for volunteers to come forward to help with servicing people who are self isolating. We are also seeking volunteers—who may be over 70 themselves—who can phone people in isolation, for example, to help keep their spirits up and become a “buddy”. Please see the contact point below if you want to volunteer for either role.
3. You will all be informed by your volunteer which zone you are in and the volunteer will be handing out postcards which contain important information that you should read.
4. If you decide to self isolate, please let the volunteer know. The volunteer will help you with supplies and any other needs. A central database of those who are self isolating will be held by the Parish Council in case the volunteer needs to self isolate at any point so that a relief volunteer can be put in place.

IF YOU WANT TO VOLUNTEER, PLEASE EMAIL:
BRYAN DEXTER: bdxldx@gmail.com

**WE ARE PREPARING A KIT FOR VOLUNTEERS SO THAT YOU CAN STAY SAFE.
WHEN YOU CONTACT BRYAN PLEASE LET HIM KNOW IF YOU HAVE BEEN DBS
CHECKED BY ANY ORGANISATION AND HAVE A CURRENT DBS CERTIFICATE.**

**PLEASE SEE OVERLEAF DETAILS ABOUT THE SHOP, PRESCRIPTION DELIVERIES,
SERVICES PROVIDED BY THE WELLINGTON AND OTHER INFORMATION.**

If you have any questions before you hear from your volunteer, contact Nigel Nicholas at nn520712@googlemail.com. If you have any questions about council services in Nidderdale at this time, contact Nidd Plus on 01423 714953.

DARLEY SHOP

Darley Shop will remain open as long as it possibly can, but may have reduced opening hours, depending on staffing levels. So we ask for your patience.

Steve is reporting that it is getting difficult to access some goods at the wholesalers owing to individuals who are panic buying, especially tins of food. HOWEVER, the good news is that Steve is confident, because of his use of local suppliers, that he will be able to keep in stock:

FRESH FRUIT & VEG., MEAT, BREAD, DAIRY AND COOKED MEATS

Other goods will come into stock as and when he can get hold of them.

If a volunteer is bringing supplies to you, Steve has said that if you cannot pay by card over the phone, then he can take a cheque that you can pass to the volunteer, or he can maintain a tab for you for future payment.

The meals on wheels service for the elderly and vulnerable will continue to run and Steve and his team are happy to take additional requests for delivery on days other than Monday and Thursday. So please consider if you would like a meal delivered at lunchtime and get in touch with the shop or your volunteer.

Darley shop tel no: 01423 781837

PRESCRIPTION DELIVERY SERVICE

NIDDERDALE PLUS is working with the GP practice to devise a prescription delivery service which should be up and running imminently. The Nidd Plus Community Car service will be used to drop off prescriptions to your door.

If you are interested in receiving your regular prescription at home during self isolation, please contact Nidderdale Plus on 01423 714953, email: admin@nidderdaleplus.org.uk

Cancellations at Christ Church Community Centre and Elsewhere

Most activities at CCCC are cancelled, but do contact the organiser of each activity to check if it is running.

The coffee mornings at CCCC are cancelled until further notice

The Community Library is closed until further notice

The Book Exchange is cancelled in April. Please contact the organiser for more info on future sessions. tumbledon@aol.co.uk

The Brunches at Hookstone Hall are cancelled until further notice.

Gardeners' Question Time is cancelled.

Darley Cinema at the Memorial Hall is cancelled until further notice

SUPPORTING LOCAL BUSINESSES

At this difficult time, it is important to support our local businesses as much as you can. The Wellington Inn has a take out menu that is printed on the reverse of this newsletter. Please consider regularly using this service throughout the next few months so that we can ensure the survival of our local pub in the long term.

Supporting our local shop in Darley is obviously really important, though there may be problems with Steve getting in his full range of goods. Your patience and perseverance in using the shop is appreciated.

The latest Government advice....

This was correct as at 17 March, obviously the news is changing daily and you should be keeping up with latest developments via the internet, radio or the TV. **PLEASE ONLY USE TRUSTED SOURCES OF NEWS AT THIS DIFFICULT TIME.** The text below is copied from the BBC News website.

Everybody in the UK has been asked to stop non-essential contact with other people and avoid all unnecessary travel. This is known as social distancing.

It follows people with flu-like symptoms being asked to self-isolate at home, to avoid infecting others.

So, what do you need to know about social distancing and self-isolation?

What is social distancing?

Social distancing means trying to avoid contact with other people.

It means spending less time in public places, where a lot of people are around.

The government wants:

- People to start working from home wherever possible
- All unnecessary travel stopped
- Pubs, clubs, theatres and other such social venues to be avoided
- Anyone living with someone who has a cough or a temperature to stay at home for 14 days

Within days, it expects to announce measures for people in at-risk groups to stay at home for 12 weeks. This affects pregnant women, people aged over 70 and those with underlying health conditions.

What is self-isolating?

Self-isolating means cutting yourself off from the rest of the world.

From now on, if one person in a household starts to display flu-like symptoms - defined as a fever of above 37.8C or a persistent cough - everyone living there must stay at home for 14 days.

This means avoiding leaving the house even to buy food or essentials, adding people could go out to do exercise, but only at a safe distance from others.

The person with the symptoms should stay in a well-ventilated room with a window that can be opened, and keep away from other people in the home.

They should ask for help for groceries, other shopping or medication, which can be dropped off on the doorstep by friends, family or delivery drivers.

People are being advised not to ring NHS 111 or their GP to report their symptoms unless they are worried.

The Covid-19 disease can cause a fever, cough and breathing problems. It takes five days on average for people to start showing the symptoms.

WELLINGTON INN TAKE-AWAY MENU

If you are self isolating, your volunteer should be able to help with delivering orders to you, but you need to let them know you have ordered food. Call the pub on 01423 780362 or 01423 787132 to order food



FOCUS ON DARLEY FUTURE EDITIONS

In this period, we may have to put out more Focus on Darley editions to keep everyone informed of local services.

If you have ideas for items that could be useful in future editions, for example: suggestions of activities to keep those who are self isolating motivated; services that you will be providing to help the self isolated, do get in touch with me, Helen Flynn, the editor of FOD at: helenflynn@me.com.

Also keep an eye on the village website which will carry up to date advice, bulletins and news when relevant. www.darleyvillage.info