

Welcome to the monthly magazine for the community of THE PARISH OF DACRE WITH HARTWITH & DARLEY WITH THORNTHWAITE Part of the Ecumenical Alliance of 'The Church in the Dale'

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As your Vicar, Alastair is always happy to speak with you, and please contact him, Tony or one of the Churchwardens if you know of anyone who would appreciate a visit or our prayers. It is always possible to arrange for **'Holy Communion'** to be taken to those who are housebound or in hospital. Please contact Alastair over enquiries about **Weddings** and **Baptisms**.

The churches of HOLY TRINITY Dacre Banks and ST SAVIOURS, Thornthwaite are open every day for private worship and prayer, please enjoy them. **SUNDAY SERVICE** times are displayed on church notice boards and in this magazine. *However Churches are currently closed.*

All our church buildings are provided with **HEARING INDUCTION LOOPS** and with **LARGE PRINT** hymn books and service booklets. HOLY TRINITY, Dacre Banks and CHRIST CHURCH, Darley are the most accessible of our buildings for wheelchair users.

N.B. During the Covid 19 restrictions Wednesday 9:30am Holy Communion & MORNING & EVENING PRAYER will be said by Alastair at home. You are invited to join with Alastair in praying at home.

Letter from the Vicarage

"I wish it need not have happened in my time," said Frodo. "So do I," said Gandalf, "and so do all who live to see such times. But that is not for them to decide. All we have to decide is what to do with the time that is given us."

J.R.R. Tolkien, The Fellowship of the Ring

I am a great fan of Tolkien's writing - not just the famous 'The Hobbit' and 'The Lord of the Rings', but the vast array of material he wrote (most of which was unpublished and unfinished). His work has been made much more famous today by two trilogies of films (one brilliant, one awful in my opinion). But what is less well known is that Tolkien was a devout Christian and his beliefs are deeply embedded in his writing; though not on the surface, as they are in his friend C.S. Lewis's Narnia stories.



Much of Lord of the Rings was written during WWII, and we can take that as the context of the quote above - again made famous by the films, but it seems extremely pertinent for us all today. By the time you read this, I imagine things with the Coronavirus epidemic will have changed considerably, but it is already looking like we will need to be almost on a 'war footing' to combat the virus and to support our health service and keep people as safe as possible.

If world history is anything to go by, we have been extremely lucky (blessed even) to not have had to face a crisis like this for a generation or two, but this has perhaps led us to be complacent. It has allowed us to get the important things in life out of perspective. It has allowed us to become rather more self-centred than is good for us as a society. Now we will have to correct that.

I suspect 'such times' as these will bring out the best and the worst in people. As I write, community groups and community minded people are coming together to work out how to respond, and how to protect and support our communities, but also people are selfishly panic-buying all sorts of goods, leaving nothing for those who can't afford more than their normal weekly shop. I start to understand at a more personal level why rationing was part of the national response in the War years. Perhaps we'll need to do this again.

There may be many other responses required. The government are talking about converting factories that make cars and other things to make ventilators for hospitals. In Wartime, factories were given over to all sorts of things for the 'war effort'. Large houses were requisitioned as hospitals, and folk who were able were 'called up' in many ways to support the effort.

I suspect we will need a 'war effort' against Covid 19. I can envisage those who have thrown off the disease and have some immunity being asked to help care for the sick or support the health service. I hope I am being unduly pessimistic, but it does seem likely that we will have to disrupt what has become our 'normal' pattern of life and do without many things we have grown used to for some time. And it may take the economy a generation to recover.

The biggest change in the short term is isolation and 'social distancing' measures. This will be particularly difficult for the Church, as drawing people together – the very opposite of social distancing - is in the very DNA of the Christian faith. But there is much we can still do to help, to make sure people are supported – shopping, collecting prescriptions, calling people up to make sure they're OK and for a chat when they may be going 'stir crazy'.

I wish we hadn't seen 'such times', but that is not for us to decide. But we can decide how we respond – with love and care and drawing together (even if not physically), supporting our communities and those who are vulnerable; or we can respond with fear and/or self-centredness. One of the most important and often repeated phrases in the Bible is 'Do not be afraid.' That doesn't mean we can help feeling fear or anxiety. But it does mean we can avoid the foolish and self-centred responses that fear leads to, and face our fears calmly and rationally and with faith and hope and love.

Even if we are not meeting together for a time the Church can still be 'the Body of Christ' in the way we respond and care for one another and our communities. I don't yet know what will be put in place by way of support structures, but if the church can help we will. Do let me know if anyone needs anything, and I will try to put together resources so people can still be praying and reflecting together, even if they can't come out.

I hope this letter will look like an over-reaction by the time you read it, but, if it is, or if it isn't, may God be with you all.

Alastair

NEW TO THE AREA?

Picked up this magazine by chance? If you would like to receive the monthly edition of LINK, please telephone Christine Houseman 780798 If you wish to advertise, please ring Revd Alastair 780262

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Please submit material in A5 format for the May edition of LINK by April 20th, thank vou.



From the Registers Holy Matrimony

'Those whom God hath joined together...' 21st March – Christ Church, Darley – Revd Michael Harold Sabell

& Pauline Clare

Do pray for Michael & Pauline – their wedding was severely restricted by social distancing measures.

A prayer about the coronavirus outbreak, offered by the national church:

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

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HOLY TRINITY TIDINGS

We now sincerely hope that the recent inclement weather has disappeared.

Juniors enjoyed another 'Forest Church' in March. The next session of Messy Church is on 25th April at Hookstone Hall.

Advertising has commenced for our busy month of May events to raise funds for our internal improvements. There is something for everyone be it testing your knowledge in quizzes, abseiling down the church tower or gin tasting and B.B.Q. Please support these events so as our church is given essential facilities which people expect in this day and age.

N.B. Since this article was written it has become very unlikely these events will happen as advertised, but will almost certainly be held at a later date.

If you would like to be involved in our church we have a number of different rotas to tempt you, such as sacristan, reading, cleaning, sides-person at services, refreshments and not forgetting externally helping with the churchyard maintenance. The more people involved means the task is less onerous. Please speak to a warden for more information.

At Holy Trinity's A.G.M meeting on 8th March, Ann Kent and David Craggs were re-elected as churchwardens, David Smith as treasurer and Alan Cottrill as our P.C.C. representative. Does anyone feel like taking on the Deanery Synod role? This involves being our P.C.C. representative at 3 or 4 meetings a year in the Ripon deanery area.

Take care in these difficult times. If you would like to chat we can do so via telephone or e-mail, and if you require any supplies please let us know and we will attempt to assist you.

Ann and David:-Holy Trinity Churchwardens.

2020 Holy Trinity Churchwarden's Report

Yet another church year has elapsed, and all the yearly maintenance services have been undertaken. We are very fortunate to have teams of volunteers who assist both internally and externally besides with service preparation and prayer rotas. Thank you it is much appreciated, and our church is welcoming. We thank Rev Alastair and Revd's Tony and Michael for assisting him with our varied parish services and the leading of individuals in journeys of exploration of faith, through house group study, discussion sessions and film nights. Members also support 'Church in the Dale' services, and on occasion hold joint services with the Methodists. Throughout the year Diana, Mary or Ray have ensured we have music at services, but alas there is no regular choir.

The juniors also explore and really enjoy 'Forest Church' and 'Messy Church' sessions and the 'Epiphany Star-gazing'-a first this year.

Finance & Fabric: Financially, things are 'tight', especially as we fund-raise for the internal improvements of kitchenette and loo facilities. In May a target campaign includes a Quiz, Church tower abseil and a Gin tasting with B.B.Q which we wholeheartedly hope you will support. **N.B. Since this article was written it has become very unlikely these events will happen, but we will re book them. Look out for future dates.**

Treasurer, David Smith has a full financial report- audited by J. Carruthers, however requirements such as internal decorating will sensibly be considered after the improvement works.

Sometimes weather conditions do not help us as damp patches have appeared on the west wall, the small hand-gate is sticking again, and a large ash tree branch crashed into the churchyard resulting in the tree removal for safety.

Information is shared via the weekly bulletins, monthly newsletter, Link and 'A Church near you' website.

We sincerely hope that this coming year is one of action. Thank you for your support and prayers.

Holy Trinity Churchwarden's Ann and David.

Letter from the Bishop of Leeds

The power of prayer, married to modern technology, will create new opportunities for worship during this challenging time, Bishop Nick has told



clergy.

In a letter which addresses the coronavirus pandemic, Bishop Nick explains how worship must continue and adapt to the issues we all now face. His special 'Ad Clerum' (letter to clergy) also states that while public services of worship should now cease, our churches can remain open within new rules on safe practice, issued by the Church of England.

"Christians need no reminder of our common human mortality, nor of the fragility of life in a contingent material world. We preach this stuff in the good times; now we are given an opportunity to live it out when the pressure is upon us all. We are drawn by hope, not driven by fear. Our trust is in the God who raised Jesus, and we walk with grace-filled and hope-fuelled hearts, following this same Jesus who gave his life for us. Our scriptures also call us to keep joy alive when the desert threatens to dry us out – looking for the songs of hope and singing them for all to hear.

The threat to public health and the economy appears to grow by the day. We will also be conscious of those who are elderly, live alone, have underlying health problems or are isolated. We need to consider how to offer practical care and love to them during these uncertain times. This includes prayer, care and attention.

Food banks are suffering from a massive lack of donations. Many people are going to suffer as jobs end, people get laid off and the supply chains run dry. Please encourage all to give sacrificially and provide food and goods where possible in order to support those who will otherwise despair in hunger and loneliness – including families. Please encourage local businesses and shops where the future looks very uncertain and mood might be very low.

"Public services of worship should now cease, but prayer and worship must not. Some churches are already live-streaming services so that people can join in online wherever they are. We now face both a challenge and an opportunity," Bishop Nick continues. The challenge has to do with how we worship, where we pray, how we share together, and how we care for those around us to whom we are committed. The opportunity is, when everything is stripped back to essentials, to rediscover what it is to be the church dispersed when we are unable to be the church gathered.

Holy Communion can and should be celebrated in church by the priest (alone), but, in keeping with Catholic tradition, Communion can be taken by the celebrant and received 'spiritually' by anybody else. This can be streamed or videoed, too. Any opportunity to pray for the people is good.

"We can also get back to the simplicity of praying without the hectic activity that often shapes our lives. We also have the opportunity to step up to leadership in our communities in fresh ways. We must not use the language of 'social distancing', but, rather, 'physical distancing'. Social interaction is now more important than ever; we just have to be more creative about how we enable people to interact without touch, contact or, sometimes, presence.

From the Rt Revd Nick Baines – Bishop of Leeds

.....

A new pattern of life will develop for us all, I am sure. Further to the bishop's words:

- Our box at the back of Holy Trinity is no longer accessible due to the lockdown, but Alastair will pass on food left on his doorstep to the Food Bank in Pateley Bridge

- If anyone can volunteer to support those self-isolating, see contacts below

Volunteer Support

Volunteers are most welcome to support those self-isolating or vulnerable at this time – help will almost certainly be needed collecting shopping (mostly locally) or other support, and those who are willing to ring round those who are isolated for a chat. I hope to organize a scheme for telephoning our Church folk specifically as well.

Contact the following depending on which area you feel you can support:

Darley – Bryan Dexter - <u>bdxldx@gmail.com</u> – 01423 781535

Summerbridge and Hartwith – <u>summerbridgechurch@gmail.com</u> or <u>clerkhartwithpc@gmail.com</u> – 01423 771996

Dacre – tbc but until then contact Revd Alastair <u>irreverend@btinternet.com</u> – 01423 780262

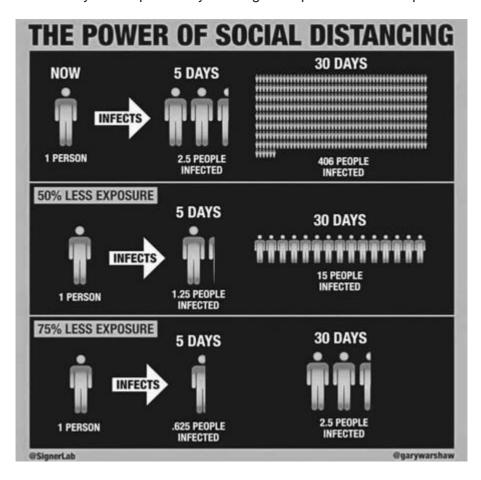
Pateley Bridge – Revd Darryl Hall - horlix@aol.com – 01423 711414

For Nidderdale Generally and for a Prescription Collection service now up and running contact Nidderdale Plus – 01423 714953

Of course, keep looking out for and caring for your friends and neighbours.

This is the way we will prevent our Health Service from being overwhelmed and rendered unable to treat sick people. For the love of your neighbour, please respect this as much as you can.

This makes the point well... But remember social isolation kills. Let's talk about 'physical isolation' instead, but keep socializing by all means possible we need it now more than ever - particularly by ringing those who are isolating. The thing people don't seem to be understanding is that you are infectious for 5 days before you start showing symptoms. So, anyone who thinks they're OK but is still hanging around more people than is absolutely necessary will be potentially causing the top situation in the picture.



Getting on Facebook for Live Streaming of Services

We will attempt Live Streaming Services on the Christ Church, Darley Facebook page, every Sunday at 10am, but bear with us as there will inevitably be teething problems with this. If you are not on Facebook, I think you can only access these services if you are (you can always come off again after all this is over!). You only need enter the barest minimum of details and keep your settings private. You don't need to put your photo in if you don't want to. Just the simplest of Facebook pages will suffice in allowing you access. If we find better means of live streaming or simply recording videos, which we can achieve and folk can access, we will use it and let you know. Bear with us – we're learning!

To get on Facebook simply go to Facebook online and follow instructions. On this link there is a short 'lesson' about how if you want or need it:

https://www.digitalunite.com/technology-guides/socialnetworking-blogs/facebook/how-join-facebook

However, it might be easier to just type 'How to join Facebook' into whatever means you use to search online

Once you have joined Facebook, simply send a 'Friend Request' to Alastair Ferneley or Rachel Ferneley and we'll invite you to join the Christ Church, Darley page. Or simply go to that page and ask to join. Then if you go to that page at the right time you should be able to see what we are 'streaming'. Or you can simply go to the page and watch the video later at whatever time is convenient. You will be able to add vour own comments and questions if you like.

We understand this will not be for everyone. If this is not possible for you, of course we will be providing other means of staying in touch. Sermons and thoughts can be e-mailed or paper copies delivered. Let me know if you'd like these. Alastair

Other Resources for Worship from Home Songs of Praise, Sunday 1:15pm BBC1 https://www.bbc.co.uk/programmes/b006ttc5

Join BBC Radio 4's Sunday Worship each week, live on Sundays at 8:10am <u>https://www.bbc.co.uk/programmes/b006qnds</u>

Join BBC Radio 4's Daily Service, live at 9:45 on BBC Radio LW and DAB <u>https://www.bbc.co.uk/programmes/b006wzfs</u>

Forms of Daily Prayer are available at:

https://www.churchofengland.org/prayer-and-worship/join-us-service-dailyprayer

You can use orders of service direct from here, or get a daily prayer app sent to your phone or device. We will be producing some of our own forms of prayer to use at home (free). Ask Alastair if you'd like some delivered.



<u>"I'm a nun and I've been social distancing for 29 years."</u> <u>Here are tips for staying home amid coronavirus fears.</u>

From Sister Mary Catharine Perry, a cloistered nun with the Dominican nuns in Summit, New Jersey. For the past 29 years, I've chosen to practice social distancing. Of course, I and the 17 other nuns I live with don't call it that. We are formally called 'cloistered sisters', meaning we never leave our walled-off monastery in Summit except for doctors' visits or perhaps shopping for a specific item. We don't go to parties or weddings or out to eat with friends. I often go months without leaving our 8-acre home.

The coronavirus is forcing many people in New Jersey and across the world to stay home, limit outside contact — and in a way, start living life like cloistered



nuns. Of course, this virus is not good. Sickness never is. And I understand that this sudden shift in our society is frightening. As someone who has lived a life of separation, I'd like to share from my experience how you can make the best of it.

First, you need to establish structure.

Your normal day-to-day lives have structure imposed on them from the outside; you have to catch the train at a certain time to go to work, you have school recess at the same time every day. These things give you a sense of consistency and rhythm. Now that you are stuck at home, create a schedule for yourself and your family. At the monastery, we wake up at the same time every day and get fully dressed (no pyjamas). We have planned time for prayer, worship, work, eating and fun. Our days usually have a peaceful rhythm. This might take some experimentation; each household is different and for many, it might be the first time they spend an extended period of time with roommates or family.

Second, be intentional and love others.

It is easy to get caught up in making sure you and your loved ones are safe and your needs are met. We are in uncharted territory and these reactions are understandable. However, we should fight against self-centered urges. Call older people in your neighbourhood and ask how they are doing, if they need anything. Give the gift of your time. Cook meals with your family and play games. It is interesting that a lot of people are frightened by this extended time at home because the core structure of society is the family unit. Maybe this is a good opportunity for all of us to strengthen those family bonds, and our efforts will have an effect on the wider community. Don't hide from roommates under the guise of needing to work; get to know them and learn to enjoy their company. At the monastery, the prayer bell rings and it forces me to stop working and to focus on why I'm really here. It reminds me to leave the project at hand (whether that is making candles or soap, operating our gift shop, gardening or working in the kitchen), and join my sisters. The projects that I am working on aren't bad; they are good, but sometimes I can allow myself to be too busy.

The monastery is not an apartment complex. We are an intentional community and it takes work to become one. It takes a deliberate way of life. It means learning to listen, forgive and accept each other.

Third, use this time for self-reflection and relaxation.

"I need a vacation to recover from my vacation!" people say. Well, this could be it. These weeks are your opportunity for a more quiet, simple life. Every day after lunch, my sisters and I take a 90-minute break of "profound silence." We don't move around the building or talk. We stay still. We read, pray or reflect. Sometimes, we will do a hobby quietly. Sometimes, we nap.

People say they want peace and quiet. Then when it is thrown in their lap, they panic. They don't know how to be alone. They are afraid to confront their "shadow side," the hard truths about themselves that they don't like. They fill their lives with noise to run away from their emotions. Life isn't meant to be rushed. Use this time to get to know yourself.

Stop. Be still. You can either waste this period of social-distancing and be frustrated, or you can choose to make it the best it can be.

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LET'S COOK

For Easter it *HAS* to be Chocolate! The recipe for April is suitable for those with a gluten intolerance as well as being low in fat and sugar and is Vegan. It's also velvety smooth and light on palate and no cooking involved. What more can I give you lovely readers of the Let's (Not) Cook page?

Chestnut and Chocolate Truffle Cheesecake (Vegan)

Line the base and sides of 20cm round Springform sandwich cake tin with baking paper.

For crust.....

125g almonds and 50g walnuts 200g Medjool dates (stones removed) Half tsp Vanilla extract and 3tbsps good quality light olive oil.

For Filling

100g dark 70% chocolate (broken up)

100mls almond milk

440g tin Clement Faugier (best) unsweetened chestnut purée

3tbsp Maple Syrup.

Put chocolate and almond milk in bowl over pan of simmering water and stir to melt chocolate. Do NOT allow bowl contact with simmering water. Set aside.

For crust.....

Put almonds and walnuts in food processor and pulse to crumbs.

Add dates/vanilla/olive oil and blitz to a dark speckled dough.

Press this dough into base of prepared tin and gently smooth the surface.

For filling.....

In clean food processor bowl combine melted chocolate/chestnut purée/maple syrup /vanilla extract and blitz to smooth consistency.

Pour this over prepared crust and smooth the surface.

Chill for 5/6 hours.

Remove from tin about 1 hour before serving.

Decorate surface with whatever you fancy.

Happy Easter

Sheila Morgan

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The Birds in Your Garden



By now, the nesting season is well into its swing, and if you keep your eyes peeled throughout late March and April, you may well be able to see evidence of (some!) birds' remarkable workmanship taking place around you.

Most birds only take a few days to build a nest, and instinctively build them to a design that is unique to their species. Few garden birds are ground nesting, just using a scrape.

Rooks, have been building for a while, and you may have seen their untidy nests at the top of various still-bare trees. They start by collecting sticks and dropping them on the branches they have chosen as their home, often the remains of a previous nest. To begin with some twigs will drop through, so look out below, but gradually they lodge in the tree and a rather unruly nest begins to form. Being on the large side, they can afford to nest



Photo credit: Mike Gray

where they can be seen, but most birds are much more secretive about it.

Most birds are quite cautious when approaching their nest site, and you may see them stopping to check they are not being watched before they plunge into a hedge, bird box or shrub. However, there is a limit to how subtle a bird with grass and moss in its beak can be!

Blackbirds, Robins and Song Thrushes build nests in the 'classic design' –neat cups of woven grasses and small twigs, camouflaged with moss and lined with mud.

Chaffinches nest in tree forks and use cobwebs to stick it in place. You may see them flitting around fences and window frames, picking off webs. Spiders are of great importance to birds in spring, not only are they food for adults and chicks, but their webs are an essential ingredient of many nests.

Long-tailed tits make the most intricate and delicate of all our garden birds' nests – which they couldn't do without spiders. They spend three weeks creating their pouch-shaped luxury home, beginning with a cup and dome of moss stuck together with cobwebs; next comes lichen on the outside for camouflage, and finally a filling of feathers for insulation. Studies have shown that they can use up to 2,000 feathers in a nest, and in collecting all their materials, need to fly some 600 miles!

All this nest building requites a lot of time and energy, so providing nesting material can help, as well as giving you a chance to see them collecting it. You may be surprised when you see which species choose your garden to nest in.



Photo credit: Mike Gray

You can leave nesting material out for birds in many ways: maybe using a peanut or suet feeder, or leave it in piles around the garden, or hang it from trees. Try several different methods to find the best for your garden.

Avoid using any material whose source you are not sure of, or anything that has been treated with pesticides or fertilisers. Be careful too with pet hair – don't use after flea or worm treatments. Moss raked from your lawn is good too, as long as you have not treated it first. If you put out

wool or cotton, cut it into lengths no more than a couple of inches long, to avoid entanglement. Never put out any plastic materials, they can harm both birds and the environment in many ways.

House Martins, Song Thrushes and Blackbirds use mud in the construction of their nests, so a small, wet, muddy patch in your garden, may make it easier for them, particularly if it has been dry.

If you find the lives of our garden birds to be of interest, and would like to join in and count the feathered occupants of your garden, please contact me or visit the BTO Garden BirdWatch website (www.bto.org/gbw). If you know of an organisation up to 30 miles from York which would like a talk on garden birds call: Mike Gray 07596 366342 or gbwmike@gmail.com.

Summerbridge W.I.

Due to the current circumstances, the April meeting for the WI has been cancelled. The May and June meetings may be cancelled as well pending how long the current situation lasts. When we do start meeting again, visitors and new members are always very welcome.

<u>'NIDD ART'</u> – Newsflash

We welcome Paul Howell and Jane Carlisle Bellerby to the Niddart volunteer committee-Thank you.

They are both assisting with our media profile. Paul-an evocative landscape photographer- is upgrading our website with a dynamic front page with navigation links, together with an on-line calendar, mapped venues and links to artist pages. The new site has gone live however he is still working on the artists information and may contact artists for a profile and new photographs. Jane-a silk and mixed media artist- has offered face book help as she herself is an active member.

All will improve our profile online and be compatible to mobile phones.

We hope that you can participate, be it as a venue host, sponsor, an exhibiting artist, committee member or as an ad hoc volunteer helper who we could call upon at busy times to assist with delivering brochures or directional signs and banners.

Artists/venues are requested to confirm their participation a.s.p. for inclusion in this year's brochure.

Thank you.

Contact: e. mail= niddarttrail@gmail.com or telephone 01423780495.

www.niddart.org.uk.

IN HARMONY Community Choir



If you like singing come and join us at Christ Church in Darley Tuesday evenings at 7:30 pm Contact: Lisa Bradley 07780-386683 or Diane Armitage 01943-880638

Currently seeking an accompanying pianist, please contact us if you know anyone who might be interested. Thank you.

Darley Christ Church Community Centre Library and coffee mornings (Subject to Coronavirus restrictions)

Saturday 18th April Darley in Bloom. Saturday 16th May in aid of Parkinsons Saturday June 13th Darley Playing Fields Saturday July 11th Darley Angels – WI Eniov bacon sandwiches, tea & coffee, cakes and card stalls from 10 am – 12 noon.

Board Games Afternoon

Mondays Fortnightly £3 (per week) incl. refreshments from 2 -4 pm. First session free. An afternoon of company, board and card games for anyone who is free on Monday afternoons. Just turn up and see if you can help us remember all the rules! Details from Angela Houseman 01423 780056 or

Sue Runham 01423 780317, email suerunham@hotmail.co.uk

Bridge Club

Monday Fortnightly £3(per week) incl. refreshments, 2 - 4 pm. First session is free. Friendly and informal bridge. No partner needed. Details from Louise 01423 781535.

Happy Dancing on Thursdays 10am -11 am cost £5 per session Contact janewaring@hotmail.co.uk or call her on 01423 779542 or 07900430448

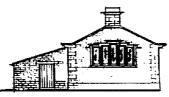
YCA News: At the March meeting of the Burnt Yates cum Hartwith branch of the Yorkshire Countrywomen's Association, the group was entertained by three immaculately dressed ladies in black with white pinnies and pearls who described how they came together to form their bespoke vintage tea parties. They bought a selection of vintage tea cups, saucers and plates to demonstrate how they can set up a bespoke afternoon tea to suite every taste. They cater for weddings, birthdays and various other occasions and rounded off their talk with a selection of delicious cakes for the ladies to sample. If anyone is interested in their talks or to organize an event, they can be contacted www.pinniesandpearls-teaparties.co.uk

Due to the current uncertainty over the coronavirus, the April meeting has been cancelled.

Nidderdale Society Talk and Walk

Due to current world events, the Talk and Walks for April and May have been cancelled. After that will be the normal summer break. Talks and Walks will resume in September.

For more information on the Nidderdale Society please go to www.nidderdale-society.co.uk



HOOKSTONE MEMORIAL HALL

www.h-m-h.co.uk Registered Charity No: 701972

CORONAVIRUS

BRUNCH & AFTERNOON TEAS on 4th APRIL 2020 CANCELLED

In an effort to reduce health risk to our community we have taken this difficult decision and apologise for any inconvenience

Churches are Now Closed

Public worship is suspended and churches are closed as part of the 'lockdown' until further notice.

But we are still praying for you. If anyone would like themselves or another to be remembered in our prayers let me know on 01423 780262 or <u>irreverend@btinternet.com</u>. I am still available to talk though I can't be with you physically. Alastair

Government advice re Covid 19

This was correct as at 17 March, and **new lockdown measures have been introduced since then** -obviously the news is changing daily and you should be keeping up with latest developments via the internet, radio or the TV. PLEASE ONLY USE TRUSTED SOURCES OF NEWS AT THIS DIFFICULT TIME.

The text below is copied from the BBC News website.

Everybody in the UK has been asked to stop non-essential contact with other people and avoid all unnecessary travel. This is known as social distancing. It follows people with flu-like symptoms being asked to self-isolate at home, to avoid infecting others. So, what do you need to know about social

distancing and self-isolation?

What is social distancing?

Social distancing means trying to avoid contact with other people. It means spending less time in public places, where a lot of people are around. The government wants: • People to start working from home wherever possible • All unnecessary travel stopped • Pubs, clubs, theatres and other such social venues to be avoided • Anyone living with someone who has a cough or a temperature to stay at home for 14 days

Within days, it expects to announce measures for people in at-risk groups to stay at home for 12 weeks. This affects pregnant women, people aged over 70 and those with underlying health conditions.

What is self-isolating?

Self-isolating means cutting yourself off from the rest of the world. From now on, if one person in a household starts to display flu-like symptoms - defined as a fever of above 37.8C or a persistent cough - everyone living there must stay at home for 14 days. This means avoiding leaving the house even to buy food or essentials, **adding people could go out to do exercise, but only at a safe distance from others**. The person with the symptoms should stay in a well-ventilated room with a window that can be opened, and keep away from other people in the home. They should ask for help for groceries, other shopping or medication, which can be dropped off on the doorstep by friends, family or delivery drivers.

People are being advised not to ring NHS 111 or their GP to report their symptoms unless they are worried. The Covid-19 disease can cause a fever, cough and breathing problems. It takes five days on average for people to start showing the symptoms.

Police report

I am writing a couple of days after the government announced dramatic new measures to try and suppress the coronavirus epidemic. Given the time lag between writing this article and publication, I cannot know what the situation will be when you read this. North Yorkshire Police is providing public updates about the police response on its website and social media. At the time of writing the position is "business as usual" subject to well publicised hygiene practices which are essential in the battle to prevent the spread of the virus.

I do know that community members are rallying to try to coordinate volunteer help for those having to self-isolate. It is great to see that people are planning how to help people affected by the new restrictions. Sadly, there are people who are exploiting the situation and, nationally, the police have recorded several incidents. These include fraudulent selling of facemasks and 'phishing' emails with a coronavirus theme, which attempt to trick people into opening malicious attachments, or disclosing sensitive information. Please remain vigilant against these types of cybercrime. Those self-isolating, especially the elderly and vulnerable, are at risk of being defrauded by bogus 'good Samaritans' who take cash to buy supplies on a victim's behalf or use it as an opportunity to get into a victim's house in order to steal. Ideally, volunteers and those who are being helped will be known to each other. If a stranger offering help approaches you, in person or in writing, please be very careful. Do not let strangers into your house and do not give cash to strangers. If you are in any doubt about accepting help call someone you trust for advice. If you suspect someone on your doorstep may trying to trick their way into your house call the police using 999.

Last month I was very interested to read about an investigation handled by a Welsh police force. A farmer stole a valuable dairy cow from a neighbour and tried to pass it off as one of his own. The owner recognised his cow and the police proved its identity through DNA testing. The defendant appeared at Swansea Crown Court, was found guilty and fined £4000. I have not had to use DNA tests to identify stolen livestock, yet, but in the mean-time 26 crimes have been reported in Nidderdale since my last article.

Between Wednesday 11th March and Friday 13th March a school minibus in the carpark at Nidderdale sports centre was vandalised (tyres slashed and the bus

egged). If anybody has any information about who was responsible please get in touch.

Eight different frauds have been reported. In one the victim received a call from someone claiming to be from "Interpol" who persuaded the victim to download an app onto a computer. The caller went on to obtain the victim's banking details and tried to take money from the victim's account. This was blocked by the bank. The police later assisted the victim in removing the app. A caller attempting to extort money with threats of exposing embarrassing internet use targeted another victim. This was recognised as a scam and ignored. Several people have reported receiving calls from a caller pretending to be from Revenue and Customs with an urgent message; claiming an arrest warrant had been issued in relation to non-payment. This was also recognised as a scam and ignored.

On Sunday 15th March a Land Rover was stolen at Greenhow Hill. A group of men forced entry to the vehicle and managed to start it without keys. Fortunately, a vigilant member of the public saw it being driven away and the police were called. The Land Rover was found not long after but sadly, the thieves had crashed it and run off. They have, as yet, not been traced.

An incident of 'Road Rage' occurred at the chicane on the hill down into Dacre Banks. Details of the alleged offender's vehicle were noted and the police will deal with the driver.

The latest buzzword, in use in police circles at least, in these uncertain times is "stay safe". Please listen to and follow official advice about keeping safe. If there is anything you would like to speak to me about please get in touch. Bill Hickson Constable 820

Tel: 101, choose option two and ask for "Bill Hickson" or "0-8-2-0"

Email: bill.hickson@northyorkshire.pnn.police.uk

What's On in April

There is pretty much <u>nothing</u> 'on' until restrictions are lifted, which doesn't look like happening before the end of April!

Sadly the Churches now have to remain closed in accordance with the lockdown restrictions.

<u>Alastair will still be saying Morning and Evening Prayer every day.</u> (though not in church – respecting the church closure that everyone else must abide by) and continue to celebrate Holy Communion (at home) on behalf of the parish at 9:30am, Wednesday mornings.

If you would like any prayers said on your behalf, do ask, or pray 'with' him from home. We will be producing resources to help people worship and pray at home, and signposting folk to other resources online, on radio and television. We will also attempt Live Streaming Services on the Christ Church, Darley Facebook page, every Sunday at 10am, but bear with us as there will inevitably be teething problems with this. If you are not on Facebook we think you can only access these services if you are (you can always come off again after all this is over!). If we find better means of live streaming or simply recording videos, which we can achieve and folk can access, we will use it and let you know. Bear with us – we're learning! So... What's on...

Palm Sun. 5th 10am Live Stream Service on Christ Church, Darley Facebook Page

Easter Sunday 12th 10am Live Stream Easter Communion on Christ Church, Darley Facebook Page

- Sunday 19th 10am Live Stream Service on Christ Church, Darley Facebook Page
- Sunday 26th 10am Live Stream Holy Communion on Christ Church, Darley Facebook Page

<u>Every Wednesday 9:30am</u> Alastair will celebrate Holy Communion at Holy Trinity – contact him if you would like an order of service to pray with him at home and 'receive Christ's body and blood shed for you, 'spiritually' at home. Use your own bread and wine to this end if you like. Jesus said 'Do this to remember me' - he didn't specify how!



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